

LISA M. VALLEJOS

Education:

Saybrook University--San Francisco, California

2011-2015

Doctor of Philosophy, Psychology

Dissertation: *Shattered: A heuristic self-search inquiry of one mother's journey to wholeness after a child's diagnosis of a potentially fatal congenital heart defect.*

*Awarded Dissertation with Distinction

Argosy University – Denver

2007-2010

Doctor of Education, Counseling Psychology: ABD

Regis University – Denver, Colorado

2002-2004

Master of Arts, Counseling Psychology

Metropolitan State College of Denver

1998-2001

Bachelor of Arts, Psychology

Licenses and Certifications:

Licensed Professional Counselor; Colorado, License #5160 (2009-present)

Clinical Experience: *I began my career as a milieu counselor in a locked residential treatment center in 2002 and have worked in a variety of clinical capacities since that time, ranging from intense inpatient to traditional psychotherapy. As a licensed professional counselor, I have provided marriage counseling, individual psychotherapy, family counseling and clinical supervision to interns and post-graduate trainees.*

The Art of Living Institute, LLC

Lisa Vallejos & Associates: Denver, CO

Clinical Supervisor/Therapist

August 2007-Present

Center for Valued Living, PLLC

Aurora, CO

Contract Therapist

Present

Teaching Humane Existence: Denver, CO

Therapist

September 2006-January 2007

Fulshear Ranch Academy: Fulshear, TX

Therapist

September 2006- March 2007

Bread of Life, Inc: Houston, TX

Chemical Dependency Counselor

Genesis Counseling Center: Denver, CO

Group Counseling|Intake & Assessments

2004/2007

Heritage Christian Center: Denver, CO

Counseling Ministry Assistant/Clinical Intern

2002-2004

Jefferson Hills: Lakewood/Aurora, CO
Milieu Counselor/Fill in supervisor

Educator Experience

Colorado Christian University: Lakewood, CO
Affiliate Faculty
March 2011-Present

Regis University: Denver, CO
Adjunct Faculty
August 2016-Present

Claflin University
Adjunct Faculty
August 2016-Present

Naropa University
Boulder, CO
2017

Courses Taught: Theories of personality, Methods of Service (introduction to the counseling profession), General Psychology, Introduction to Psychology, Theological Foundations of Counseling, Groups and Group Therapy, Counseling Internship, Humanistic Psychology

Publications

Hoffman, L., Vallejos, Hoffman, H., & Rubin, S. (2014). Emotion, relationship, and meaning as core existential practice: Evidence-Based Foundations. *Journal of Contemporary Psychotherapy*, doi: 10.1007/s10879-014-9277-9

Hoffman, L., Vallejos, Hoffman, H., & Rubin, S. (2014). Emotion, relationship, and meaning as core existential practice: Evidence-Based Foundations. In Schulenberg, S. (Ed). *Clarifying and Furthering Existential Psychotherapy: Theories, Methods and Practices* (p. 19-34). Switzerland: Springer International Publishing.

Stay Awhile: Poetic Narratives About Multiculturalism and Diversity, Hoffman & Granger, (2015), selected contributor

Capturing Shadows: Poetic Narratives along the path of grief and loss, Hoffman & Moats (2015), selected contributor

Vallejos, L. (2015). Humanistic Education in Humanistic Contributions for Psychology 101 (Broome, R. & Bargdill, R, Eds). Colorado Springs, CO: University Publishers Press.

Hoffman, L., Granger, N. Jr., Vallejos, L., & Moats, M. (2016). Existential and humanistic perspectives on Black Lives Matter and racial protests. *Journal of Humanistic Psychology* (Special Issue on Cultural and Social Justice Issues in Humanistic Psychology; M. E. Lemberger-Truelov, Special Issue Editor)

Our last walk: Using poetry for grieving and remembering our pets. Hoffman, Moats & Greening (2016). Selected contributor.

Hoffman, L., & Vallejos, L. (in process). Lullabies and confessions: Poetic explorations of parenting across the lifespan. Colorado Springs, CO: University Publishers Press.

Vallejos, L. (in contract). The History of Saybrook University. Colorado Springs, CO: University Publishers Press.

Professional Roles and Memberships:

Rocky Mountain Humanistic Counseling and Psychological Association
Board Member & charter member Present

University Professors Press
Board Member Present

Journal of Humanistic Psychology 2015-Present

Editorial Review Board

University Publishers Press 2015-Present
Humanistic Contributions to Psychology: Series Editor

Society for Humanistic Psychology (APA Division 32) 2014
Student Representative Board Member

Member at Large 2017-2020

Society for Humanistic Psychology (APA Division 32) 2016

Conference Planning Co-Chair with Louis Hoffman, PhD

Conference Planning Chair 2017

Experiential Democracy Taskforce (APA Division 32) 2014-2015
Member

American Psychological Association

Division 32: Society for Humanistic Psychology

Division 44: Society for the Psychological Study of Lesbian, Gay, Bisexual and Transgender Issues

Presentations:

2017: Strategies to Become a Successful Multicultural Ally; (Panel Presentation), American Psychological Association Annual Convention

2016: Experiential Democracy Project (Including a Dialogue on Community Policing): (Panel presentation), Society of Humanistic Psychology annual conference

2016: Humanistic Contribution to Psychology 101: A new collaborative book by Graduate Students and Mentors (panel presentation), Society of Humanistic Psychology annual conference

2016: Ethics Into Action: challenging the dehumanizing agenda in American psychology (panel presentation), Society of Humanistic Psychology annual conference

2015: Humanitarian Principles: Humanistic Values, Social Justice & Ecological Equity (panel presentation) Association of Humanistic Counseling

2015: Students of Color in predominantly white higher education institutions (panel presentation): Society of Humanistic Psychology annual conference

2015: Humanitarian Psychology: Society for Humanistic Psychology Annual Conference (panel presentation)

2014: What Trayvon Martin Means for Humanistic Psychology (panel presentation): Society for Humanistic Psychology Annual Conference

2014: Masculinity in Sports: Society for Humanistic Psychology Annual Conference (with Trisha Nash, PhD)

2014: Existential Shattering: Existential Humanistic Institute Annual conference (with Tom Greening, PhD)

2013: The Business of Therapy: Saybrook University

2013: Authentic Leadership: Invited speaker to Alex & Ani Corporate Retreat

Psychological Tests Administered & Scored:

WISC: Wechsler Intelligence Scale for Children

WAIS: Wechsler Intelligence Scale for Children

MMPI: Minnesota Multiphasic Personality Inventory

MBTI: Meyers Briggs Type Inventory
MCMI: Millon Clinical Multiaxial Inventory
SASSI: Substance Abuse Subtle Screening Inventory
BDI: Beck Depression Inventory 318-8441 opt 1, 4
BAI: Beck Anxiety Inventory

Additional Achievements:

- Founded Gabriel's Gift, a federally recognized non-profit organization that supports families with children who have heart defects
- Co-Founder of The Humanitarian Alliance, an organization whose purpose is to put ethics into action and foster psychological justice on the social, community and ecological levels
- Featured on CNN, CBS, Good Morning Arizona, elephant journal, Good Therapy, Denver Post and various media organizations as a topic expert
- Recipient of the Rollo May Scholarship, Saybrook University

